

ST JOSEPH'S CATHOLIC PRIMARY SCHOOL AUTUMN MENU

September 2019-December 2019

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK 1
Main Meal	Sausage Roll Potato Waffles Baked Beans	Lasagne & Garlic Bread with Broccoli	Roast Turkey & Stuffing with Roast Potatoes & Carrots & Peas	Savoury Mince in Yorky Pudding Mash Potatoes Farmhouse Veg	Cod Fish Fingers Chips Corn on the cob Takeaway Friday	
Vegetarian Option	Quorn Dog	Cheese & Tomato Pizza Wedge	Cheese & Potato Pie	Pasta in a Tomato & Basil Sauce	Vegetable Nuggets	
Desserts	Fruit Salad & Ice- Cream	Chocolate Whip & Fresh Fruit	Lemon Drizzle Fingers Slice	Fruit Jelly & Ice-Cream	Fruity Friday	
Fresh fruit, yoghurts, freshly baked bread and drinking water will be available daily						

Week commencing -4th Sept --23rd sept ---14th Oct ---11th Nov ---2nd Dec



Week 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK 2
Main Meal	Chicken Goujons Jacket Wedges Spaghetti Hoops	All day Breakfast	Roast Chicken & Yorky Pudding Roast Potatoes Fresh Carrots	Pasta Beef Bolognese Garlic Bread Broccoli	Breaded cod fish with chips Corn on the cob Takeaway Friday	
Vegetarian Option	Southern Fried Quorn Bites	Jacket Potato with filling	Cheese & Onion Pasty	Veggie Meatballs	Vegetable Burger	
Desserts	Ice-Cream & Orange Segments	Carrot Cake	Chocolate Chip Muffin	Jelly & Ice-Cream	Fruity Friday or Cheese & Crackers	
Fresh fruit, yoghurts, freshly baked bread and drinking water will be available daily						

Week commencing- 9th Sept ---30th Sept ---21st Oct ---18th Nov ---9th Dec



Week 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	WEEK 3
Main Meal	Cheese & Tomato Pizza Smiley Faces Spaghetti Hoops Salmon Bites	Meatballs in a Tomato Sauce & Pasta Twists Broccoli Pasta Bake	Roast Beef & Yorky Puds Roast Potatoes Farmhouse Veg Quorn Sausage	Chicken Curry Naan Bread Sweetcorn	Jumbo Fish Finger Chips Corn on the Cob Takeaway Friday	
Vegetarian Option				Cheesy Pasta	Cheese & Onion Quiche	
Desserts	Frozen Raspberry Yogurt	Chocolate Iced Sponge Fingers	Artic Roll & Peach Slices	Flapjack with Custard	Fruity Friday or Cheese & Crackers	
Fresh fruit, yoghurts, freshly baked bread and drinking water will be available daily						

Week Commencing - 16th Sept ---7th Oct ---4th Nov ---25th Nov ---16th Dec



