

WINTER 2017

St. Josephs new winter menu



Week Commencing 4th Jan (Th & F) , 22nd Jan, 12th Feb, 12th Mar

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
	Beef Bolognaise With Wholemeal Pasta S-corn & Garlic Bread	Bangers & Mash (Sausages) with Gravy Or Baked Beans/Peas	Roast Chicken Stuffing /farmhouse Veg Roast Potatoes	Chicken Curry Vegetable Rice Naan Bread	Fish Fingers With Chips Baby Corn on the Cob
	✓ Cauliflower Cheese Bake	✓ Baked Vegetable Ravioli	✓ Quorn S/ Fried Bites	✓ Pasta Neapolitan	✓ Mozzarella Sticks
Raspberry Ripple Mousse	Steamed Lemon Cake With Lemon Drizzle	Choc Chip Cookie	Fruit Jelly Pot	Fresh Fruity Friday or Cheese & Crackers	



Week Commencing 8th Jan, 29th Jan, 26th Feb, 19th Mar



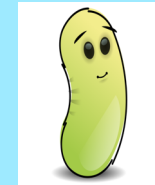
WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
	Meatballs & Pasta In Homemade Tomato Sauce & sweetcorn	All Day Breakfast Sausage/bacon/Beans Hash Browns/ tomatoes	Roast Beef Yorky Pud/ Broccoli Roast Potatoes	Chicken & Veg Pie Sauté Potatoes Sweetcorn	Fish Fingers With Chips Salad Bar Picks
	✓ Sweet Potato & chickpea Curry & Rice	✓ Cheesy Omelette	✓ Quorn Sausage in Gravy	✓ Cheese & Tomato Pizza	✓ Mediterranean Quiche
Orange & Mango Smoothie Cup	Winter Berry Sponge	Choc Chip Muffin	Strawberry Jam Sponge & Custard	Fresh Fruity Friday or Crackers & Cheese	



Week Commencing 15th Jan, 5th Feb, 5th Mar, 26th March



WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
	Cheesy Chicken Pasta Bake Green Beans/ Peas	Beef Burger in a Bun Herby Diced Potatoes Spaghetti Hoops /peas	Roast Turkey Stuffing/ mixed veg Roast Potatoes	Sheperd's Pie Baby Carrots/ Peas	Fish Fingers With Chips Baby Corn on the Cob
	✓ Tomato & basil pasta with Tasca Bread	✓ Salmon Fish Cake	✓ Vegetable ¼ Burger	✓ Cheese Deli Sub Roll	✓ Quorn Dog
Fruit Cocktail & Raspberry Yogurt Pot	Chocolate Sponge with Chocolate Sauce	Banana Muffin	American Pancakes with Fruit Forest Filling	Fresh Fruity Friday or Crackers & Cheese	



Served Daily
Jacket Potatoes
with filling



Fresh
water



We offer seasonal
vegetables, yogurt
& fresh fruit daily